

## **RACE NUMBER INSTRUCTIONS!**

### **TWO-SIDED WHITE BIKE NUMBER:**

Be sure the two-sided number is attached firmly over the top tube of your bike using the self-adhesive strip, so it can be seen from the side.

### **RECTANGULAR COLORED RACE NUMBER:**

Be sure to wear your race number on your front over your abdomen. You can use your own race number belt or you can use safety pins.

### **RELAYS:**

All members of your relay team should be at body marking at 5:30 AM. Your swimmer should get their hand marked while both your biker and your runner should get their arms and calves marked. Your biker should apply the adhesive two-sided white bike number firmly over the top tube of their bike. Your runner should wear the rectangular race number on their front.

## **INSTRUCTIONS FOR PLACEMENT OF TRITATS RACE NUMBERS**



APPLY RACE NUMBERS ON LEFT ARM BETWEEN SHOULDER AND ELBOW USING INSTRUCTIONS PROVIDED WITH THE RACE NUMBERS. APPLY RACE LOGO ABOVE NUMBERS BUT BELOW SHOULDER.



APPLY RACE NUMBERS ON LEFT CALF BETWEEN KNEE AND ANKLE USING INSTRUCTIONS PROVIDED WITH THE RACE NUMBERS. APPLY RACE LOGO ABOVE NUMBERS BUT BELOW KNEE.